

YOUTH TENNIS or PICKLEBALL LESSONS



SUMMER 2024

Two-Week Sessions, 8 Lessons

Session 1

June 3-14

Session 2

June 17-28

Session 3

July 8-19

Session 4

July 29-August 9

Youth tennis or pickleball lessons are targeted at youth ages 6-16 who are beginner or intermediate skill levels. Each session includes 8 lessons of one or the other, held Monday-Thursday for two weeks. Makeup lessons held on Fridays. Lessons will be separated by sport, with Tennis Lessons teaching Tennis and Pickleball Lessons teaching Pickleball.

Beginner: This player is just starting tennis and pickleball or has limited playing experience. This player will be introduced to basic strokes, scoring, rules, and court etiquette. This player will experience age appropriate court play.

Intermediate: This player will continue with stroke development, understanding of game fundamentals, and become more proficient at sustaining a rally. This player will experience age appropriate skill development focus.

****LESSONS FOR BOTH SPORTS WILL RUN AT THE SAME TIME AND PARTICIPANTS WILL STAY IN THE SAME SPORT FOR THE WHOLE SESSION****

Session Information

Age	Level	Times	Member/ Non Member	Location
6-8	*Beginner or Intermediate	8:00-9:00am	\$50/\$60	Antczak Park
9-11	*Beginner or Intermediate	9:10-10:10am	\$50/\$60	Antczak Park
12-16	*Beginner or Intermediate	10:20-11:20am	\$50/\$60	Antczak Park

***BEGINNER ONLY CLASSES FOR PICKLEBALL; BEGINNER AND INTERMEDIATE FOR TENNIS**

Registration: Opens Monday, April 15 @ 6:00PM

Registration is online only, at
cottonwoodheights.com



Questions?

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