



Cottonwood Heights Parks and Recreation – Jr. Jazz Youth Basketball

Instructional League Rules – Kindergarten – 2nd Grade

The Cottonwood Heights Youth Junior Jazz program is designed to be simple and fun while developing game skills and focusing on principles of sportsmanship and fair play.

Rule interpretation and enforcement will be at the discretion of the recreation staff (*CHRC officials, site supervisors, coordinators, etc.*)

Parents, Family, Friends & Fans: Yelling at or harassing (*swearing, bullying, intimidating, threatening*) game officials, the opposing team's fans, any coaches or players will not be tolerated. Such behavior could lead to an ejection from the game, potential league suspension/ban, and/or trespassing from CHPRSA facilities and future programs.

High School basketball rules will govern play with the following modifications:

1. Division Format

- a. Kindergarten 1st/ 2nd grade division will use a youth size ball (27.5") and will play on an eight-foot basket.
- b. The first 15 minutes of the scheduled hour will be used for practice, followed by four 8-minute quarters with a rolling clock.
 - i. *Please instruct your team to arrive on-time so that you may maximize the use of your practice time.*
- c. One-minute break between quarters and a three-minute halftime.

2. Gameplay

- a. Each team will play with 5 players on the court at a time.
 - i. There will be no forfeits; teams may play with less players in equal amounts (4v4) or combine teams in order to play.
- b. Coaches must play all of their players a minimum of half (50%) of the Game.
- c. Games will begin at 15 past the hour, with the home team inbounding the ball at midcourt to start play.
 - i. Teams rotate starting play in the subsequent quarters.
- d. Defense
 - i. Only man-to-man defense is permitted; no double-teaming and no intentional full-court pressing.
 1. Colored wristbands are provided by CHRC staff in order to identify who should guard who.
 - ii. Fouls are not counted and coaches are expected to help players avoid overly-physical play.
- e. Free Throws
 - i. There are no free throws, all fouls will result in the ball being taken from out of bounds.

3. Officiating

- a. Games will be managed by coaches, no more than one coach from each team is allowed on the court at a time.
- b. Do-overs are encouraged, and coaches should be calling fouls minimally, but consistently; coach and educate as you go, but let the kiddos play.