

# Master Swimming



Cottonwood Heights Recreation Center Masters Swimming welcomes swimmers of all abilities who want to improve their overall fitness, develop better technique or train for any type of swimming competition. If you want to get fit, become a better swimmer, stay motivated and meet new friends, the Masters Swim Team is for you! Swimmers of all levels are encouraged to participate.

**Practice Times:** Tuesdays and Thursdays 7-8 pm

## **Contact Information:**

Marcie Burrill: [marcie@cottonwoodheights.com](mailto:marcie@cottonwoodheights.com)  
Or Coach Aaron Phillips: [aaronjphillips9@gmail.com](mailto:aaronjphillips9@gmail.com)

## **Cost:**

Ultimate Members: included with membership

Premium/Basic Members: \$5.00/class

Non-Members: \$6.00/class

Punch passes are available-see main office for pricing

\*Please note this is NOT a swim lesson\*

Adult swimming lessons are available. For more information please reference our swimming lesson flyer or visit our website.



(801) 943-3190

PARKS & RECREATION

[www.cottonwoodheights.com](http://www.cottonwoodheights.com)